



Conference & Meetings

Day Delegate

£60 per person

Includes: -

- Room hire
- 2 servings of tea and coffee with homemade shortbread
- Plated or Finger Buffet Lunch
- Mineral Water, Cordial and Mints
- Stationery pack
- Complimentary WiFi
- Use of our Fitness Suite
- Parking and VAT
- Event Coordinator Support

24-Hour Delegate

£170.00

per person - non sea view

£200.00

per person - sea view

£130.00

per person sharing - non sea view

£145.00

per person sharing - sea view

Includes: -

- Room hire
- 2 servings of tea and coffee with homemade shortbread
- Plated or Finger Buffet Lunch
- Mineral Water, Cordial and Mints
- Stationery pack
- Complimentary WiFi
- Use of our Gym Fitness Suite
- 90 session in our thermal suite and infinity edge marine hydro pool
- Event Coordinator Support
- 3-course dinner
- Overnight accommodation
- Full cooked breakfast
- Parking and VAT



Spouse Delegate **£80.00** per person spouse sharing

Includes: -

- Overnight accommodation
- 3 course dinner
- Full cooked breakfast
- Parking and VAT
- 90 session in our thermal suite and infinity edge marine hydro pool

Equipment Hire Rates per day

Data Projector	£120.00	Overhead Projector	£20.00
Screen	£20.00	Flipchart	£15.00
Television & Video	£70.00	DVD Player	£30.00
Microphone	£50.00	Microphone headset	£50.00

Facsimile

- United Kingdom £1.00 per page
- International £2.00 per page

Photocopying

- Mono £0.20 per A4 copy
- Colour £0.40 per A4 copy

Room Capacities

Room	Theatre	Boardroom	Classroom	U-Shape	Dinner	Daily Rate
Cliff	100	34	40	30	80	£1,000
Sun Room & Lounge	110	50	50	24	100	£1,500
Sun Room	60	16 - 30	20	20	50	£750
Conference Room	50	22	16	20	-	£450
Boardroom	40	8-14	12	-	14	£350



St Brides Spa Hotel | Saundersfoot | Pembrokeshire SA69 9NH | Wales
T: +44 (0) 1834 812 304 | F: +44 (0) 1834 811766
E: reservations@stbridesspahotel.com | www.stbridesspahotel.com





Conference Delegate – 25 minute Spa Treatments
£30 per delegate

- Scalp Massage
- Hand Massage
- Foot massage
- Marine Body Scrub
- Facial
- Eye Supreme
- Thermal Suite and Infinity Pool Experience

All treatments are available to resident delegates and day delegates.

Each treatment is for 25 minutes which can be incorporated in your morning and afternoon breaks, before your meeting starts or to relax and unwind at the end of a successful day with us.

Advance booking is recommended as the treatments are subject to availability at the time of booking.

For full details of the treatments, please contact our spa therapists who will be pleased to advise which are best to suit your individual needs.